

Can't do anything right.
Nobody loves me
God doesn't love me
Nobody would care if I die.
I am no good, useless, worthless
People would be better off without me.
Don't trust anyone
Every one is out to hurt you.
I am a burden to others
Don't love anyone because you don't know how.
Be an animal they don't hurt you
Be friends with animals not people because people
hurt.
I am not good enough for God

Also -

I don't deserve to live.